Refulgence
THE NEWSLETTER

DPU Dr. D. Y. Patil B-School
(Program Approved by AICTE, Ministry of Education Govt. of India)

Refulgence
VOICE OF ASCENDANCY

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EDITOR'S DESK

MS. ANJALI GUPTA

MR. ASHWIN YADAV

Welcome to the February edition of REFULGENCE – The Official Newsletter of Dr. D. Y. Patil B-School. It gives us enormous pleasure to be the editor-in-charge of this edition.

After the publication of our last edition, several episodes of events have occurred where this edition contemplates a journey of several happenings, workshops and achievements pertaining to the different facets of the student's academic growth. Dr. D. Y. Patil B-School is elated to sign MoU with the executive director of Cyber Rights Organization and is propitious to start its Social Club. With full of the joys of spring, we are proud to announce that our histrionic troupe "Aagaz" made a remarkable achievement of winning national level drama competition in Mood Indigo. In addition to this, we also bring you updates on the various events and activities that took place on campus.

We hope that this edition of the Refulgence provides you with valuable insights and inspires you to continue on your journey towards academic and professional excellence. As always, we welcome your feedback and suggestions, which can help us improve and enhance the quality of Refulgence.

Lastly, we apologize if we missed any precious occasion or achievement. We hope you enjoy reading this edition and we look forward to hearing from you. Happy Reading!

Dr. Amol Gawande

DIRECTOR'S DESK

Dr. D.Y. Patil B-School aspires to be a prominent institution that offers management education which helps in developing individuals to make a positive impact on society and innovation. It is a centre for education that offers top-notch teaching in a diverse and structured manner across a range of inter and multidisciplinary courses. The Institute has always encouraged its students to approach their coursework with optimism and to never be hesitant to seize the opportunities that are provided to them.

We as an organization believe that the institution's future lies in advancing with a diversity of multifaceted disciplinary courses. We urge the students to pursue careers that will not only let them showcase their expertise in a range of fields but also enable the institution to advance and achieve multiple accolades. Our support for a broad spectrum of cultural curriculum has enabled the institution to win the Mood Indigo 2022, Asia's Largest College Cultural Festival.

We, at Dr. D. Y. Patil B-School, are always prepared to provide the students with any assistance they need in establishing a motivated learning environment. Our institution has undertaken numerous initiatives aimed at making the students feel welcomed, ranging from organizing different recreational events to recognize significant milestones.

Dr. D. Y. Patil B-School regularly engages in community outreach programs that address social challenges, and as a result, it has the honour of signing a MoU with Cyber Rights Organization in collaboration with the UN. Our institution is continuously striving to develop relationships on a local, national, and international level.

We want every single person who works for our institution to progress with unbridled passion, the willingness to take risks, the ability to innovate, and the freedom to push things to the limit.

LETTER FROM **EDITOR-IN-CHIEF**

Dear Readers,

The allocation to the position of Editor-in-chief is in itself very challenging. I spent a couple of months being the editor of Refulgence "Voice of Ascendancy" , the official newsletter. It's been an amazing journey being a part of it and still continuing; I feel proud as a peacock in releasing our 1st issue of 3rd Volume.

Over the past months, I realized how the institution has shown a revolutionary change in terms of attaining its goal of providing the best opportunities to its dedicated students. This edition covers many such achievements and caters largely on "MoU signing with Protection4Kids" in the company of Ms. Annachiaro Sarto, who is exceptionally brilliant in her work and presently Executive Director of the Cyber Rights Organization. This was also engineered in the construction of the Social Club of the institution.

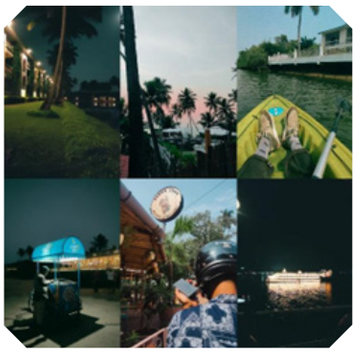
At Dr. D.Y. Patil B-School we have acquired intelligence as power which usher in to interpret novel evidence as confirmation of one's existing belief system that being the case of benediction and unprecedentedly it leads to the commemoration of "Saraswati Puja" – The Celebration of Knowledge, Music and The Arts. We've also learned to appreciate one another and add value to the community.

With this issue, we espouse the cause of attaining utmost knowledge and draw attention to the mankind and programs being served by the organization that re-affirms a new way to connect and develop better understanding among the folks.

Do take pleasure in reading our content packed issue. With this, I extend my sincere gratitude to all the readers and wish to acknowledge the goodness in us.

Happy Reading!

"PATIENCE BEAR SWEET FRUITS" FRESHERS 2022



A dream that every friend's group aspires to someday or the other was finally accomplished. The students of Dr. D.Y. Patil B-School experienced the much-awaited roller coaster ride of Fresher's 2022 on the silver sands of Goa. The much-awaited journey to the state of sparkling blue waters began on 6th November 2022. The state is full of white churches resting against green paddy fields and coconut trees lining the coastal streets.The students carried on their journey through the breath-taking parts of Goa. The day went on exploring the turquoise water and the soft white sands in the beautiful beaches of Goa.

On 8th November, the Fresher's Party was planned by the institution. The evening was marvelously spent with friends and professors followed by Mr. & Miss Fresher's Competition which was won by dapper Mr. Hritik Singh and stunning Miss. Upantika Kashyap. The unctuous platter was served for dinner and the night concluded with the mellifluous rhythms of Rajasthani Folk. On the final day the students visited Mangeshi temple followed by a voyage in the evening which concluded the maritime trip with an enthusiastic cruise party.

LIVE LIFE BINDAAS
SESSION ON SUCCESSFUL ENTREPRENEURS

In collaboration with the Institution's Innovation Cell an informative session on Successful Entrepreneurs was conducted at the campus of Dr. D.Y. Patil B-School on 23rd November 2022. Dr. Sukhbir Kaur Dhillon served as the session's honorary guest who is the founder and a member of i-Naad. Dr. Kaur confabulated her journey from being a student to a successful entrepreneur. She also guided the attendees on how they can take themselves forward into the business world with different educational qualifications supported by a Postgraduate Diploma in Management followed by other requisites of establishing a startup. She delivered a concise overview of her experiences working at a startup, how it came into existence and explained its working model.

According to her, life is beyond degrees, subjects and curriculum. She believes that life needs to be experienced rather than studied. She also quoted that "her approach towards life has been deep introspection, logical deduction leading to continuous transformation". Her catchphrase, Live Life Bindaas, served as the session's epilogue...

PROBLEM SOLVING AND IDEATION WORKSHOP

On November 26th 2022, Dr. D.Y. Patil B-School organized a meeting under the institution's Start-up and Innovation Cell to enhance student's knowledge and interest in the field of idea generation and innovation. Dr. Sonali Saha, president of the Incubation and innovation cell at the Dr. D. Y. Patil B-School greeted the the speaker and remarked "Problems are nothing but wake-up calls for innovation". Thereafter, the session's keynote speaker Mr. Kulwinder Singh; who is currently the chief marketing officer at SG Analytics addressed the gathering. Mr. Singh narrated a story of a frivolous man who took some impulsive decisions being in a heated situation and cross-examined the point of view of the students. Subsequently, another panel game was put up by Mr. Kulwinder where he had thrown light on problem-solving activities.

Mr. Kulwinder who is well informed in his domain gave a closing remark stating: “Things that got you here won't take you there”. With this he also stated that data is crucial since without it, we cannot solve the problem. And advised everyone to always have a “rational view.”

His personal life experiences and fascinating stories made the session full of information.

MOTIVATIONAL SPEECH BY **ENTREPRENEUR/INNOVATOR**

The methodical interview session on User Experience, Strategy & Entrepreneurship was conducted on 28th November 2022 for which the interviewer was Mr. Samir Chabukswar; who is an User Experience(UX) Practitioner. He is also a role model for all the alluring and highly aspiring budding entrepreneurs.

As an entrepreneur he addressed the students to develop business domain knowledge, communication skills and emphasised on creativity abilities to be strengthened while completing their PGDM programme. Mr. Sameer in his interview mentioned that entrepreneurial journey has to be more focused on how to address a client's or customer's problems, needs and wants. Mr. Chabushwar enhanced the students by giving his perspective on how innovation in the modern world has altered young people’s thought processes.

The session culminated in Mr. Sameer's words about having a career in UIUX: *“As long as you can learn the methodology and practice it over time, you could probably get into the field of user experience design. You don’t need a design degree to be a user-experience designer.”*

A DAY TO CREATE OPPORTUNITY
AIC PINNACLE ENTREPRENEURSHIP FORUM

Dr. D.Y. Patil B-School took an insightful initiative to meet with Mobility Solutions Startup Founders on 29th November 2022. The knowledge of advanced technology in the industry has been extremely beneficial to the Budding Professionals and creating a startup ecosystem through academic collaborations and workshops. The students got an opportunity to visit Atal Incubation Centre-Pinnacle Industries for the Workshop on Design Thinking. AIC-Pinnacle is a world-class incubation centre to support and promote complex, technology-enabled startups as it is a Non-Governmental &Non-Profit Organization.

During the process of the formal meeting with the students of DY PBS, the CEO of AIC and his subordinates briefed them on different stages of Start-Ups, Opportuinities in today’s world, Future planning and different Government Funding Schemes that have been given to budding entrepreneurs.Students got a window of opportunity to explore more in the field of Start-Up and how they can generate more ideas and innovate them to simplify the problems in India and also to turn up for their own startups with the help of AIC-Pinnacle Team. The Aspirants took away that “Building a robust business network is the Key to adding value to any Business.”

WORKSHOP ON VOLUNTEERING MOTIFS BY ANNACHIARA SARTO AND MOU SIGNING CEREMONY WITH PROTECTION 4 KIDS

An International Workshop on "Volunteering Motifs" by Ms. Annachiara Sarto and MoU signing of Dr. DY Patil B-School with Protection 4 Kids was conducted on 12th December 2022.

The workshop started with MoU signing and installation of the Social Club of Dr. D.Y. Patil B-school. Ms. Annachiara Sarto, the executive director of the Cyber Rights Organization and the Humanitarian Aid Coordinator for Protection4Kids who is also a former consultant for the United Nations in New York was the notable speaker of the session.

Ms. Sarto commenced the workshop by sharing her journey on how she was inspired to become a part of the United Nations and also enlightened the students about the amount of dedication and hard work needed to be there.

She explained the origin of Gender based violence and the extent to which gender stereotypes permeate the society.

She also discussed human trafficking and provided some statistics, such as the fact that in 2019 there were 40.3 million victims of trafficking worldwide and that the majority of them were women and girls, with one in four of them being minors. Why do children become victims? They need to be protected since they are the most susceptible, they trust others easily and they are unable to protect themselves. She talked about the involvement of social media, dark web and bitcoins in human trafficking.

She also discussed her enthusiasm for instructing UN police and military troops for peacekeeping deployment, her experiences on rescue missions, and how even saving one life is a tremendous effort. She talked on the value of volunteering and how it might aid individuals as they wait for assistance from others.

She closed the workshop saying "Do not believe in being lucky when it comes to achieving goals".

SOCIAL CLUB AND PROTECTION 4KIDS FIELD VISIT

The Social Club of Dr. D.Y.Patil B-School in collaboration with the Protection4Kids organization conducted a Field Visit for the students to Bhakti-Shakti under Bridge, Pune on 13th December 2022. Protection4kids is a non-profit organization, fighting gender-based violence along with online crimes on national and international levels. The main objective of the drive was to indulge the students of social clubs in welfare activities of the society that included interaction with underprivileged people with the motive to help them by providing food and clothes.

This helped the students develop their interest in social activities by aiding the poor section of the society. The students of the club along with the guest Ms. Sarto interacted with them and gathered information as to what work they do, how they earn their living and identified different problems faced by them followed by an interaction with the children of that area. Students also played for some time with them which made it a moment of immense happiness after seeing the smile on their face. Visitors distributed food grains and biscuits to the people around and interacted with them. It was indeed an overwhelming feeling where everyone bonded over chats, laughter and love.

INTER/INTRA INSTITUTIONAL IDEA COMPETITION

A competition amongst the members of the startup and innovation cell took place in the campus of Dr. D.Y. Patil B-school. The objective of the competition was to give students a chance to present their ideas in front of other members of the IIC cell. The idea of their startup was judged by the jury members which included Prof. Sankalp Danwante, Prof.Sonali Saha, Prof. Manjari Joshi. The other IIC members also raised their queries regarding their startup.

This competition influenced other members of the cell regarding startup ideas. The doubt concerning how to kick start a startup was also cleared. The participants were lastly made aware of this process of idea generation and fund-raising method.

STUDENT EXCHANGE PROGRAM

Dr. D.Y. Patil B-School hosted a student exchange program with Boston International College, Nepal from 24th Dec to 30th Dec. The program was initiated with the view of exchanging ideas, customs, thoughts and to foster professional relationships among the students for further events and collaborations.

An introductory seminar was arranged for all the participants of the students exchange programme, briefing them about all the events and seminars that were planned. The program was a hybrid of theoretical as well as practical teachings which included sessions like boardroom to classroom, management games accompanied by an industrial visit, sports day, Pune darshan and many cultural programs. On the last day of the program, the students from Boston International College showcase their talent and share the experiences they had over the previous seven days. The students from both the colleges got an amazing opportunity to enrich their student profile and to diversify their learning experience through embracing the conventions and cultures of each other.

A CELEBRATION OF SUCCESS FOR THE WINNERS OF ASIA'S BIGGEST FEST- MOOD INDIGO

The celebration never ceased at the yard of Dr. D.Y. Patil B-School and the moment of absolute delight arrived for the students. DYPBS was on Cloud 9 when students witnessed the breath-taking performance at the National Level Drama Competition at Asia's biggest Fest- Mood Indigo at IIT Bombay that has been affectionately known as "Moodi". It is the cultural and signature festival of Indian Institute of Technology, Bombay celebrating Global Cultures since 1971.

The drums were rolled in the Campus of Dr. D.Y. Patil B-school to welcome the winners followed by prologue and snippets about the Mood Indigo Event by the announcers. The event proceeded with the grand celebration and distribution of the Trophy, Medals and Certificates of Achievement to the winners by Dr. Amol Gawande, Director, Dr. D.Y. Patil B-School and he acknowledged the winners with Best Wishes followed by a cake cutting ceremony and at the end, celebration was concluded with an enthusiastic dance performance by the students.

BE A HERO - NATIONAL YOUTH DAY

Dr. D Y Patil B-School arranged a session on "National Youth Day" under DYPBS Start-up and Innovation Cell on 12th January 2023. The eminent speakers for the

As the session progressed to its next segment, the Co-Founder of Maverick Landmark Mr. Rohan super scribed the grad students stating about his career journey.

session were Mr. Bhupesh Khemot (Founder, Mavericks Landmark) and Rohan Bodhe (Co-Founder, Maverick Landmark).

The symposium on National Youth Day started with the prelude of our guest of honor followed by the felicitation of the students who won the idea generation activity which was conducted under the umbrella of S&IC of DYPBS.

Going along with the enjoyable session Mr. Khemot addressed the students with his wonderful career experience in which he described the ups and downs of his life. He also mentioned his work involvement with 5 companies in just 12 years of participation. Further, he motivated the students by stating "whenever you see an opportunity for YOU, just grab it and don't lose the opportunity".

He spoke about his beautiful experience, working in the United States and his return to India followed by opening his restaurant which was in a muddled phase due to covid. But later he pushed all the limits and finally decoded the code of not being unmotivated in life by stating "Entrepreneurs can never be demotivated".

The session concluded on a very positive note by encouraging the budding entrepreneurs to develop new ideas and bring innovation to the world by always being motivated and never giving up on life attitude. This also brought awareness about defining a problem statement and finding a solution for that particular problem.

NATIONAL STARTUP DAY

On January 16th 2023, National Start-Up Day workshop took place in the campus of DYPBS. Mr. Harsh Savergaonkar was the main orator for the session.

The goal of the programme was to immerse the students in the startup execution process and teach them the value of following their dreams. Students were given assistance by Mr. Savergaonkar in comprehending the significance of Web-3 and blockchain technology for India's present and future.

Co-founder of Wega Labs, Mr. Harsh Savergaonkar, gave an example from his own experience to discuss the value of players in the gaming industry and how current games do not significantly benefit them. He discussed his intention to develop a game where humans, aliens, and other animals collaborate to form an interoperable metaverse.

He asserted that while successful startups do have the potential to have a profoundly positive impact on the world, those who experience startup failure should not be too upset about it because failure still has an impact, particularly on the founders, employees, investors, and other stakeholders who learn from the experience.

The session taught the students the value of pursuing their aspirations and being creative. Guiding students, providing them a path to their goals through companies, and encouraging them to learn from every failure rather than complaining about it.

YUVA 2023

Dr. D.Y. Patil B-School arranged a three-day intra-college sports event "YUVA" from 19th to 21st January, 2023. The various sport categories for the event were Cricket, Football, Basketball, Throwball, Badminton, Tug of war, Table Tennis, Volleyball which took place. The event was inaugurated exhibiting the beautiful culture of Assam followed by a Bihu dance.

After a brief presentation of Assamese culture, the competition between various teams started. The games were played on League basis on the first day and on Knock-out basis on the second day. Heading towards the final day of the event i.e., the third day, Semi-final and the Finals were conducted between the qualified teams and winners were determined for each category. This marked the end of the three-day intra-collegiate sports tournament.

The students learned the art of team spirit and leadership and engaged in a healthy competition outside the walls of the classroom and felt rejuvenated and pleased from playing and cheering along with their companions.

THE EXPLORATORY MISSION TO ATTAIN YOUR DREAM B-SCHOOL

Dr. D.Y. Patil B-School organized a campus visit for the students from Mumbai on 16th January 2023. The students were welcomed to the institution for a warm and inviting tour. The event itinerary pursued with enlisting of the students followed by detailed information about the Institute's Vision, Mission, Achievements, Programme and Activities that are facilitated for them, the event further proceeded with Student Testimonials along with query handling.

After the session, an enthusiastic music show was organized for the students followed by a short oration of the event after which they were delivered with the significance of being a part of DYPBS, how it functions and provides the best possibilities to get placed in their dream company.

SARASWATI PUJA CELEBRATIONS AT DR. D. Y. PATIL B-SCHOOL

Vasant Panchami, a celebration that heralds the start of spring, is the season of joy. Maa Saraswati, the goddess of learning, music, and the arts, is revered to usher in spring since it is believed that she brings with her knowledge, talent, and skills.

For the first time ever, Dr. D. Y. Patil B-School took the initiative and enthusiastically and fervently celebrated Saraswati Puja on the premises of the institution. The morning of January 25th marked the beginning of the auspicious occasion's preparations as the students laboured tirelessly to decorate the shrine where the pooja would take place as well as to prepare all that would be required for the pooja.

The festivities officially began with worship of the goddess Saraswati. The Aarti was performed by the priest following which the students, who were attired in beautiful, traditional yellow attire—the colour of spring and the symbol of harmony, prosperity, and vitality—presented flowers and bhog to the deity. After that the faculty members and students came forward for Pushpanjali and offered their prayers displaying their devotion. Everyone there was blessed by Gangajal (holy water) as the puja came to a close with the pious sounds of Shankh (conch shell) and Kasha ghonta (brass percussion bell). Prasad was then distributed to everyone and to commemorate the joyous occasion, pictures were taken, marking the end of the celebrations.

CERTIFICATION MODULE WORKSHOP

The session on Certification Module was conducted by Dr. management skills, leadership skills, life skills etc.

D.Y. Patil B-School. It was kickstarted by Mr. Amol Nitave with a brief introduction about EvolutionX which was founded on 18th April 2020 with the intent to empower youth and to help people who have potential but are lacking opportunities for growth and exposure.

Mr. Nitave briefed the students about the upcoming boot-camp and stated that few of the students would be selected for the same to present their ideas. He also informed the students about some successful impact programs done by EvolutionX for the purpose of youth enrichment. The session further continued with some insights upon the lifecycle of an entrepreneur which according to Mr. Amol consisted of 5 Ps i.e., Purpose, Passion, Patience, Peace, Prosperity. Following this, he mentioned the skill map of entrepreneurship, employment and differentiated between the kinds of skills required by an entrepreneur or an employee such as technical skills,

The second phase of the session started with the ideation part where Mr. Nitave asked the students to form a group of 5 and to identify a problem statement. The different groups were then guided to discuss their problems with each other to justify their ideas and problem statements that they've come up with. He also mentioned certain selection criteria for the groups. The ideas generated were then further processed for evaluation and based on which a bunch of students were shortlisted for the next round who would be allowed to participate in the advance level bootcamp on EvolvingX methodology for startup.

The session ended with an open discussion among the students of Dr. D.Y. Patil B-school and Mr. Amol Nitave, where the students raised several queries which were answered by Mr. Amol accordingly.

STUDENT'S CORNER

Mr. Aditya Dey

SATISFACTION

Hey! Do you know what the satisfaction limit is?
Well, I guess it's not timid.
What I know is that the following trail;
Eventually it also becomes pale.
As black wants to be fair,
Nothing's going to be declared.
Old wants to be young,
As he wants to change the taste of his tongue.
Poor wants to be rich
But remember not all born with silver spoon,
So give it a try to stay satisfied in your own cocoon.

We love to see the legitimate things around us,
But don't act like a moron fuss.

Things change, time too but the definition of satisfaction stays the same.
Today, I pose with the brand Zara;
Wait a second; I forgot to tell you my aim is the Prada.
People know the fancy, trendy me,
But again, I failed to state that my aim is just not to stick with the name mentioned above comparing it with the next trait.
Stella McCartney is what I think
But again, it needs me to be RICH.

I am tired of these labelled things,
This makes me point straight to the question that I mentioned before this.
Strange, No? To know the facts.
Well, that is just not all.
Here, I have a well-known artefact,
Hey don't worry it's not about the tale of Picasso to be tracked.

People around don't get a chance to have a morsel of food,
And here we are quarrelling over the Trued.
Wasting half the money over a glass of Red wine,
Do you even know people are staying in a hut made of pine?
Discussing over whether to buy Audi or Mercedes as a car,
Also remember people are walking barefooted around with scar.
How foolish I am to mention all these things isn't,
As I am also among all who don't care.
I want to live a lavish life,
Not even thinking about the struggle is my maid made to survive.
In the end I still didn't find the answer to the limitation of our satisfaction.
But one thing I can do is to appeal:
Let's unite together to bring new evolution!

Ms. Baishali Dutta

HOME

Home, a place where you live, where you feel belonged. But it's not possible to define home. It transcends any concrete description. Home is an abode; not a place built with bricks and sands, it's a place where you feel cared for, where you get comfort.

Ms. Debankita Guha

A SOLITARY LOVER

Recalling you through the elliptical gadget,
brings a shimmer on my profile.
It is a love like wind, that will never twin.
"But, will it ever clone?" strikes my mind
Yes, may be in my soothing fantasy,
touched by fortune, kissed by grace.
But when I open my eyes,
Everything vanishes from my sight.
But, deep down my heart
I wish this to be real and so
I can preserve you with affection.
I know, I don't possess you
And perhaps, I never will.
But that's my unrequited affection for you
protected by the epicardium affectionately.
And someday I crave
that you appreciate the love of
yours truly Solitary Lover.

SOCIAL MEDIA AND YOUTH

As Albert Einstein once said, "I fear the day that technology will surpass our human interaction. The world will have a generation of idiots."

Social media has a significant impact on how people live their daily lives. Social media has created a universe around you, from the moment you get up till you go back to your bed, saying good night to your friends and family. Social media has become so embedded in our culture now-a-days that not using any of them makes it nearly hard for others to take you seriously. When it comes to internet socialising, everyone is constantly in a frenzied state.

Mr. Vaibhav Panchal

In our contemporary, technological age, media is what keeps our lives going. With the development of modern technology, there has been a significant movement away from the telegraph, radio, newspapers, magazines, and now is the Internet, which is the most popular. Yet, a lot of young people nowadays are addicted to social media and unable to restrain themselves. Social media addiction has a number of detrimental repercussions, including poor study habits, a detached lifestyle, and poor health. Social media addiction can cause young people to live apart from reality.

People's productivity is being hindered by their excessive use and addiction to these social media platforms. These days, students are also quite active on social media platforms, which prevents them from participating in outdoor activities.

The phoney ones typically harass and degrade the actual ones. While some could contend that it's not that serious and the kids are simply having fun, the fact is that some individuals do suffer, especially when the taunts centre on their weaknesses like appearance, religion, or social standing. Future consequences might be negative for them because maintaining connections requires some sort of communication. Also, there are a lot of trolls on the networks that like disseminating misinformation and lies. If the false information includes their friends and loved ones, this may cause them to become hysterical.

Hence, it is strongly advised that young people should utilize social media responsibly and be vigilant of anything that comes their way while doing so.

OUR CREATIVE JOURNEY

I have the option to lead an active life by partaking in a

in with music, songs, dance and being moved about". For variety of leisure-related, social, creative, physical, and educational activities every day, both indoors and outdoors.

The four fundamental creativity skills—curiosity, openness of thought, imagination, and problem-solving—can be developed by students outdoors. These abilities help students grow into ambitious, self-assured individuals who are bold and ambitious. They are driven to question presumptions, engage in independent inquiry, and take responsibility for their own learning and thought. They can see things from various angles and are creative, open-minded, and risk-takers. They are able to pose inquiries, draw connections across different fields of study, conceive of potential outcomes, investigate concepts, recognise issues, and look for and defend solutions.

Mr. Vishwapratap Jha

Concentrating on what babies need.

Building the Ambition highlights the importance of encouraging "regular opportunities to listen to and join toddlers, the guidance highlights the need to:

- Promote fun with words, songs and rhymes in a small group
- Encourage an interest in early writing skills and opportunities to mark-make in real-life contexts with clear mark-making tools, paint, pens and brushes
- Encourage the child to express their feelings through music and dance
- Encourage creativity through making models, learning to stick using paper, textiles, boxes, tubes, trying out glue, sticky tape, fasteners etc., free painting and using clay
- An environment that provides resources for pretend play, allows exploration of paint, sand and water.... objects to take apart and put together.

Building the Ambition confirms that preschool children need adults who "help children express ideas by singing, making music and role play".

Mercurial Emotions

Sometimes we wanna be with someone but can't be.

Why does this happen?

We adore someone but can't articulate our feelings before them.

We pulverize our feelings under the influence of an apprehension about what might happen if we introduce them with our emotions.

We practice so many things to garner their eyeballs.

Sometimes we learn Guitar and sometimes we try to enhance our personality by augmenting our communication skills so that a ray of hope could pique.

But eventually nothing happens.

Mr. Vinayak Mishra

We with a mammoth desperation pray to God that camaraderie is the only thing which we want out of that person, SURPRISE, still nothing works in our favor.

We struggle to dig ourselves out of that gloomy hole but that hole becomes our identity.

We're so hog-tied with our emotions that they don't allow us to come out of that hell.

Years pass, innocent eyes still looking for that hope.

Perhaps that hope piques and the puerile tears which are seized inside gets the opportunity to flow through its route.

LIFE

Basically, I would not say my life is pretty much perfect being privileged isn't something I ask for anymore,

my friends at my farmhouse away from the chaos of this world, A job to pay me to have enough food and room for

I do know the monetary aspect is very important but what I actually want now is to have a normal life with a perfect balance of money and an aesthetically pleasant house and the people in the house should make it home not a money building site.

I want to have a simple conversation with my people about what they want or what I ask for them to have peace instead of having the bulk of the property, at last, what I ask for is mom dad & Lil. My Brother and two of gym equipment to add some pain and gain to my well-being.

Ms. Dhanwantri Patil

Deep down conversation with my partner over a cup of coffee sharing each other not in a 5-star hotel but a tent aside a lake.

We live for that one day that is deathbed, so why not live to the fullest

Don't let your emotions come over the heart and the brain.

Life is beautiful!

MENTAL HEALTH

Mental health plays a very important role in everyone's life irrespective of gender and age . If we talk about a small child , then his/ her mental health also gets affected either due to family issues or due to stress regarding study which his/ her parents put on him/ her.

Mental health includes our emotional, psychological and social well being .It affects the way we think , feel and act . Mental health means keeping our minds healthy. In today's world, mankind mainly focuses on physical body and not on mental health but they are not aware of the fact that mental health plays a major role in keeping your body fit as if when you will feel mentally healthy only then you will be able to focus on other things either physical fitness or your other stuffs in life .Both physical and mental health are equally important for better performance and results.

Dr. Prachi Tyagi

A person who is emotionally fit and stable feels vibrant and truly alive and can easily manage emotionally difficult situations. Emotional fitness has been recognized as the state in which the mind is capable of staying away from negative thoughts and can focus on creative and constructive tasks. Mental health cannot be separated from physical health. Mental health is important in every stage of life from childhood, teenager, adolescent to senior citizen.

So , stay healthy and keep your mind stress free. To keep your mind healthy, avoid negative situations and work on positivity.

AAMDANI ATHANI KHARCHA RUPAIYA

For most of the young students, college is their first money management and money controlling experience. Being under the shade of parents we never actually get the fullest exposure to budget preparing and adequately handling our own finances. Poor personal money management often results as one of the leading reasons for students quitting their education. Students should recognise that learning good personal finance habits doesn't have to be difficult or complicated. By practicing basic money management techniques and tools students can feel confident about their ability to control their money and maintain savings as well. Students, when in school, must be taught money management under financial education programs included as a subject in their

Shweta Kumari Singh

In order to create a spending plan, you essentially compare your income and expenses. The objective is to balance your finances and you're spending OR to earn more than you spend. This indicates that you are living within your means and have balance in your financial life. A negative number means you are spending more than you are earning and need to adjust your spending habits.

2. Succumbing to Peer Pressure.

A college campus is a place where peer pressure is a very strong phenomenon. Youngsters must be educated that it's acceptable to refuse. They should be aware that they don't have to yield to social pressure if their friends want to go out to eat, watch a movie, or take a trip but they are aware curriculum for better depth and insightful knowledge of wealth management for themselves.

Students can have easy solutions to help them avoid making the common money management mistakes.

1. Unaware of where their money is being spent??

Make financial choices based on the money availability, like only buying one pair of shoes instead of two! Overspending is a problem everyone faces at one time or another – especially college freshmen. Making a spending plan is the first approach every college student should do to take control of their finances. Students who have a spending plan may track where their cash goes and identify areas where they might reduce their expenditure. We offer advice to use http://www.mint.com, a free and user-friendly budgeting tool that will automatically generate a basic spending plan that they may then customize.

that they do not have enough money for amusement and leisure. Financial objectives are crucial in this situation because they may help students' emphasis on what they truly want from life and prevent overspending. Also, if they make wise financial decisions, they might be capable of encouraging their peers to do the same.

3. Abusing Student Loans

Nowadays students can take premium loans and maintain credit scores if they really wish to but rather, they crash land. Students should only borrow enough to pay off their necessities and maintain null or minimum debt; they don't want their money to go towards debt payments. They must be savvy about their wants and needs. Many students face severe loss when they try to figure out how they will repay their debt.

FACULTY'S CORNER

Ms. Ishita Sill

FOMO

The fear of missing out is not a recent occurrence. FOMO is a relatively new concept. Now, it is included in the Oxford English Dictionary. This is due to the exponential rise in FOMO since the emergence of social media. Additionally, the opportunity to constantly be connected to social media has greatly increased thanks to cell phones.

People can therefore easily find out what their friends and friends of friends are up to. People follow others on a daily basis through their social media feeds and believe that their personal lives don't line up. So, the subject of how to deal with FOMO always arises.

It is discovered that young people with high FOMO scores used social media more frequently than their counterparts with lower scores. Additionally, teens that scored higher on FOMO tended to use Facebook, and Instagram more frequently right after waking up, before bed, and during meals. Additionally, social media use in class and driving while distracted were linked to a fear of missing out.

FOMO can cause or intensify anxiety and despair, even though it is not a mental health disease. People who score highly on FOMO, therefore, express decreased life satisfaction and more depressive mood states. Fear of missing out can also exacerbate social anxiety.

FOMO and psychological conditions are highly connected, only in recent years has the fear of missing out (FOMO) been recognized as a severe problem. An individual with a buildup of extremely high anxiety levels due to FOMO may need treatment to assist them to get over their anxieties. FOMO was connected to a variety of detrimental mental health effects. These included elevated stress, lost sleep, and unfavorable feelings. In addition, a vicious loop is created by FOMO and social media. People use social media more frequently to keep up with their friends as they experience FOMO more frequently. Furthermore, they feel worse.

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