Refulgence
THE NEWSLETTER

DPU Dr. D. Y. Patil B-School
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Refulgence
VOICE OF ASCENDANCY

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Dr. Somnath Patil
Secretary,
Dr. D. Y. Patil Unitech Society

OUR GUIDING LIGHT

EDITOR'S DESK

Mr. Sachin Verma

Mr. Neeraj Kumar

Dear Esteemed Readers,

As the spring semester unfolds, we as your editors are honoured to present the latest edition of our college newsletter, 'Refulgence', packed with news, stories, and updates from all corners of our vibrant campus. This edition, like the myriad hues of spring, is a vibrant mosaic of our collective experiences, aspirations and accomplishments.

drives to inclusivity efforts, our college has not just adapted but thrived, fostering an environment where every voice is heard, and every dream is nurtured. As we navigate through the pages, let us also pause to appreciate the creative talents within our midst. The literary and artistic contributions from our students provide a window into the soul of our campus, reflecting a diversity of perspectives and a richness of imagination.

This semester, we embarked on a journey of intellectual exploration and creative expression. Our pages are filled with the stories of triumph and resilience—students excelling in their academic pursuits, athletes surpassing their personal bests in 'YUVA', our annual sports event and clubs broadening our horizons with innovative projects and Social Committee's initiatives like tree plantation drive and traffic awareness drive.

We dive into the heart of our community's response to the challenges of our times. From sustainability

In the end, we extend our heartfelt gratitude to everyone who has contributed to this edition. Your narratives, insights, and visions have been the guiding stars of this endeavor. To our readers, I hope this newsletter serves not just as a source of information but as a mirror reflecting the vibrant life of our campus and a canvas inspiring you to paint your dreams with bold strokes. With warm regards and best wishes for an enriching semester.

Happy Reading!!

DIRECTOR'S DESK

Dr. Amol Gawande

As you maneuver your way through the vibrant classrooms and dive into the challenging coursework of our institute, it's impractical not to feel the waves of disruption that define our times. Technology is galloping at breakneck speed, industries are undergoing platonic shifts, and the global landscape is constantly reshaping. This being inordinate presents immense opportunities.

The question at the moment for our future leaders is not whether they'll be floundered away by this current, but how they'll ride these waves. At Dr. D.Y. Patil B-School we're not just equipping you with conventional business astuteness but we're cultivating an ethos of innovation, agility, and resilience – attributes crucial for thriving in these turbulent waters.

Our curriculum goes beyond theoretical models; incorporating real-world case studies, guest lectures from industry pioneers, and hackathons focused on cutting-edge solutions. Showcasing our leadership we encourage you to question the status quo, to think outside the box, and to experiment with unconventional approaches. Endowing this we are delighted to announce that we have signed an MoU with Jansons School of Business, opening doors for exploring new frontiers in the field of education. The world awaits leaders ready to navigate complexity, embrace changes, and forge a better future. At our institute we are not only imparting education, we're investing in your future, and the future of the world.

NAVRATRI CELEBRATION

Navratri, a vibrant Hindu festival, is celebrated with great enthusiasm and devotion across India. The celebrations spanning nine nights worships Goddess Durga in her various forms. Devotees engage themselves in fasting, prayer, and dance, especially in traditional Garba and Dandiya Raas. The festival symbolizes the triumph of good over evil

sense of unity and spirituality among participants.

The celebration of Navratri took place in Dr. D.Y. Patil Business School on 15th October 2023 with great vigor and joy. Garba was performed to offer respect to goddess Durga. Everyone was dressed in traditional attire, and they danced their hearts out. Awards were bestowed for the best costume and best dance. It and the divine feminine power. Colorful attire, festive music, and elaborate decorations add to the joyous atmosphere, fostering a

was a remarkable evening and will be a lifelong memory for all the students.

INDUSTRY 4.0

Industry 4.0, often referred to as the fourth industrial revolution, represents a paradigm shift in manufacturing and technology. Characterized by the integration of digital technologies, automation, and data exchange, it transforms traditional industries into smart, interconnected systems. The key components include the Internet of Things (IoT), artificial intelligence, robotics, and big data analytics. Industry 4.0 fosters efficiency, precision, and customization in manufacturing processes, leading

to increased productivity and reduced costs. However, it also brings challenges such as concerns about job displacement and the need for a skilled workforce. Embracing Industry 4.0 is crucial for companies to stay competitive and for economies to thrive in the evolving global landscape. This enormous event took place on 21st October,2023 for the students of Dr. D.Y. Patil Business School to understand the process and work of the industry and develop their knowledge to be its part in the future.

EXPLORING INTERNATIONAL BUSINESS MANAGEMENT

With the advent of DYPBS – NIPM Chapter, Dr. D.Y. Patil B – School organized a session on International Business Management on 23rd October, 2023 where the keynote speaker Mr. Mohit Narayan, International Business Development Manager, GmbH, Germany, addressed the students on professionalism and thriving in the international market.

After a warm welcome the session started with the guest pointing out that businesses have expanded beyond domestic borders and the challenges and opportunities presented by the international market require a strategic and nuanced approach. In the session the key components of International Business Management were explored, emphasizing the importance of cultural intelligence, global strategy, and effective leadership in the ever-evolving global

business landscape.

He also discussed one of the critical aspects of IBM, that is understanding and navigating cultural differences. Cultural intelligence involves the ability to adapt and work effectively in diverse cultural settings. Managers must be attuned to the cultural nuances that influence consumer behavior, negotiation styles, and business practices. By embracing cultural intelligence, formulating sound global strategies, and demonstrating effective leadership, businesses can thrive in the global marketplace. As the world continues to evolve, the adaptability and strategic acumen of international business managers will play a pivotal role in shaping the success of organizations on the international stage.

NAVIGATION OF CORPORATE SUCCESS THROUGH RECENT INDUSTRY INNOVATIONS

With one more chapter to open with NIPM, Dr. D. Y. Patil B-School set on an exciting new journey with Mr. Sunil Bhatambrekar, Vice President (Product Engineering Design) at Kalyani Maxion Wheels through his highly anticipated session of Cruising Through Corporates. The session started with a round of applause and warm welcome from DYPBS in the seminar hall. Being a true industry luminary, he shed light upon the different changes in the corporates. He further stressed upon several points focusing on the dynamic realm of corporate environment success often depending on strategic navigation and critical thinking process. It involves a constant culture of adaptability and proactivity with

a touch of creativity as well. He also talked about the importance of networking and effective communication, the two most important aspects of a dynamic work culture that becomes the compass points guiding new age professionals toward career advancement.

He further added that a certain decorum must be followed by every graduate if they want to make a solid impression on the working environment and the surroundings of the corporate.

He concluded the session with the point of embracing various challenges as opportunities that become a stepping stone for individuals and help in steering their professional ship towards success in the corporate sea.

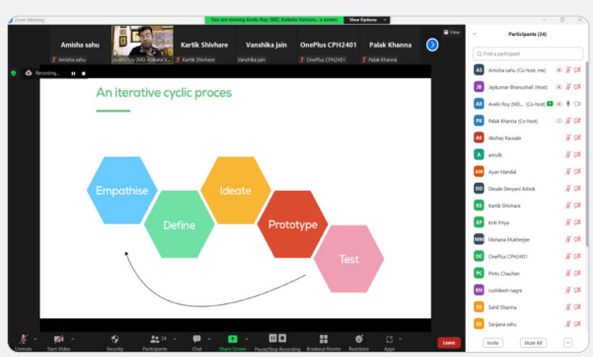
WORKSHOP ON ENTREPRENEURSHIP & INNOVATION

In the dynamic world, Entrepreneurship and Innovation stand as pivotal pillars of modern business, driving economic growth and technological advancement. To foster this entrepreneurship spirit among students, Dr. D. Y. Patil B-School organized an exclusive online session on 27th October, 2023.

The session was steered by Mr. Avelo Roy, Managing Director and Startup mentor of Kolkata Ventures.

He said entrepreneurship involves recognizing and exploiting opportunities, characterized by a blend of risk-taking and vision.

He further emphasized that innovation is an integral part of this process which involves turning these ideas into valuable products or services. The synergy



between entrepreneurship and innovation is crucial; one identifies and pursues opportunities, while the other provides the unique edge necessary for success.

Mr. Roys's expertise and knowledge of ever evolving industry was invaluable for the management students. The budding entrepreneurs will harness innovation, redefine industries, drive social change and contribute significantly to economies.

BLOOD DONATION CAMP

Reiterating the commitment to community welfare and benevolence, the Rotaract Club of Dr. D. Y. Patil B-School, Pune (RCDYPBS) organized a highly successful blood donation camp on 30th October, 2023. The noble initiative, aimed at alleviating blood shortages in local hospitals, witnessed an overwhelming response from volunteers, teachers and the Rotractors from various clubs donating around 100 units of blood.

The RCDYPBS conscientiously arranged the event, ensuring a safe and hygienic environment for donors. Medical professionals were on hand to assist and guide participants through the donation process. The camp not only facilitated crucial blood collection but also raised awareness about the importance of regular blood donation and felicitated all the donors with a Certificate of Participation. The Rotaract Club's efforts exemplify their dedication to humanitarian causes, making a tangible difference in countless lives.

VILLAGE EXCURSION AND PROBLEM IDENTIFICATION CAMP

Dr. D.Y. Patil B-School in collaboration with Startup and Innovation Cell organized the excursion for the students to identify the problems and cater to the needs of the community. The visit was aimed at understanding real life issues faced by the people and deliver products and services accordingly.

The excursion proved to be a remarkable experience for the students, providing them with the opportunity to brainstorm their ideas and formulate solutions to various problems. The visit left a buzzing excitement in the veins of the students to uncover various challenges.

INTRA INSTITUTE IDEA COMPETITION

Dr. D.Y. Patil B-School in collaboration with Startup and Innovation Cell organized the Intra Institute Idea Competition to cultivate the habit of innovation and creativity. The competition was judged by Mr. Avelo Roy, Managing Director and Startup Mentor at Kolkata Ventures.

The students conceptualized the ideas and navigated beyond theoretical knowledge. The exposure provided them with the opportunity to understand the complexities of the dynamic business world. Students were encouraged to think out of the box and develop ground breaking startups.

Dr. D.Y. Patil B-School aims to foster a culture of entrepreneurship where students can hone their critical thinking, resilience and identify challenges. The competition provided the students with a platform to showcase their entrepreneurship spirit.

MENTORING EVENT BY AVELO ROY

What do you need to start a business? Just three simple things: know your better product better than anyone, know your customer and have a burning desire to succeed. And what better way to kick-start your entrepreneurial journey than under the guidance of a triumphant visionary. Dr. D.Y. Patil B-School hosted an innovative mentorship event under the guidance of Mr. Avelo Roy, Managing Director and Startup Mentor at Kolkata Ventures.

The budding entrepreneurs of the institute presented their startup ideas to the esteemed guest. They displayed their vision and mission and got tips and tricks on how to scale up their business ideas and transform them into reality. The students received numerous insights and takeaways from the guest. They got introduced to real world entrepreneurship and innovation and got to learn about the importance of market research and market products. The significance of costs, funding and building a solid revenue model was highlighted.

FRESHER'S PARTY 2023,GOA

Goa: the land of sun kissed beaches, swaying palm trees and vibrant lifestyle serves as a heaven for people from all walks of life. The sun dipping below the horizon, the skies painted in mystic orange hues and the nights painted in majestic colors are enough to sway anyone's mind. The students of Dr. D.Y. Patil B-School of batch 2023-25 were taken for an experience of a lifetime for their fresher's party held in Goa from 19th December, 2023 till 22nd December, 2023.

The journey commenced with the students entering the premises of the mesmerizing Marinha Dourada Resort in Goa which was pre-booked by the institute. Then they went to explore the exciting beaches and forts of the astounding city. Day two began with a scrumptious breakfast at the resort followed by the prodigious fresher's party at La Cabana Beach & Resort in the evening. Delicious delicacies were served, and the students danced their hearts out to the tunes of the music. The following day was a mesmerizing trip to the serene and beautiful Shree Mangesh Temple. The trip concluded with a Cruise Party which was the icing on the cake. It was the perfect way to end the amazing journey.

It was a memorable and enjoyable experience for everyone, full of remarkable moments and tons of memories. It was a trip forever etched in everyone's heart.

Dr. D.Y. PATIL B-SCHOOL'S 4TH CONVOCATION CEREMONY: A GLANCE INTO THE FUTURE

enlightened the audience with his wisdom, shedding light on the true essence of graduation. His address

Stepping into the future sculpted by knowledge and ambition, the 4th Convocation Ceremony of Dr. D. Y. Patil B-School held on 29th December 2023, marked a pivotal moment celebrating the achievements of the brightest minds. It wasn't just an end but the dawn of countless success stories, where dreams took flight and aspirations transformed into reality.

The ceremony was graced by esteemed guests, each offering invaluable insights to guide the graduates on their journey beyond academia. Mr. Dinesh Ghodke, a revered author, meditation teacher and alternative healer shared profound thoughts and heartfelt wishes for a bright future. His emphasis on mindfulness and holistic well-being resonated deeply with the graduates, inspiring them to pursue personal and professional success.

Furthermore, Mr. Khurshed Batliwala, an esteemed author, personal coach and holistic health expert, equipped the graduates with tools for personal growth and holistic success, urging them to embrace this pivotal moment with confidence and clarity.

The ceremony was further enriched by the presence of the honored Chief Guest, Mr. Chetan Bhagat, a distinguished author, columnist and YouTuber. In his inspiring address, he imparted valuable thoughts, insights and advice, guiding the students as they prepared to shape the world with determination and innovation.

As the graduates walked across the stage to receive their diplomas, they embarked on a new chapter of their lives, armed with knowledge, ambition and the wisdom shared by the distinguished guests. The 4th Convocation Ceremony of Dr. D. Y. Patil B-School not only celebrated academic achievements but also instilled a sense of purpose and inspiration, setting the stage for a brighter future filled with promise and possibility.

SANGAM: A JOURNEY OF CULTURAL FUSION AND FRIENDSHIP

Embarking on a journey of cultural exchange and camaraderie, Dr. D. Y. Patil B-School orchestrated a transformative student exchange program in collaboration with Boston International College, Nepal from 7th to 16 January 2024. This program not only bridged geographical boundaries but also nurtured bonds of friendship and understanding.

Under the vibrant hues of collaboration, 22 students from Nepal and an equal number of selected students from DYPBS formed teams, each comprising two students from both institutions. This strategic pairing aimed not only to enhance teamwork but also to foster closeness and mutual understanding.

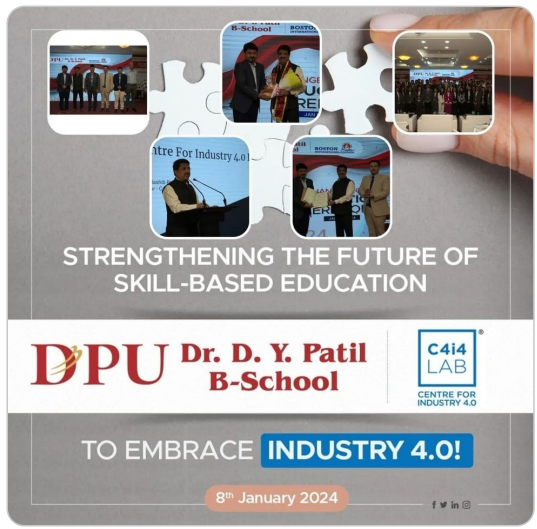
Throughout the program, students immersed themselves in a kaleidoscope of activities aimed at introducing them to Pune's rich heritage, business landscape and educational institutions. From visits to historical sites, to interactive sessions at C4i4 Labs, every moment was a testament to the fusion of global insights and local expertise.

Creativity flourished as students showcased their diverse perspectives through a poster-making competition, celebrating unity in diversity. Sportsmanship soared to new heights as participants engaged in dynamic sports events, not merely as competitors but as ambassadors of friendship and shared values.

As the program drew to a close, the Closing Ceremony on 15th January 2024, emerged as a poignant moment of reflection and celebration. Mr. Deepak Shrivastava, Founder and CEO of SHARVA Consulting, and the Executive Director and CEO of Electronica Machine Tools Ltd., graced the occasion as the Chief Guest. It was a time to honor the achievements, connections and experiences that defined this remarkable journey.

"Sangam," meaning convergence or confluence in Nepali, encapsulates the essence of this exchange program - a coming together of hearts, minds, and cultures. As the curtains fall on this chapter, it leaves behind a legacy of friendship, learning, and lifelong memories, serving as a beacon for future endeavors in fostering global harmony and understanding.

EMBRACING INDUSTRY 4.0

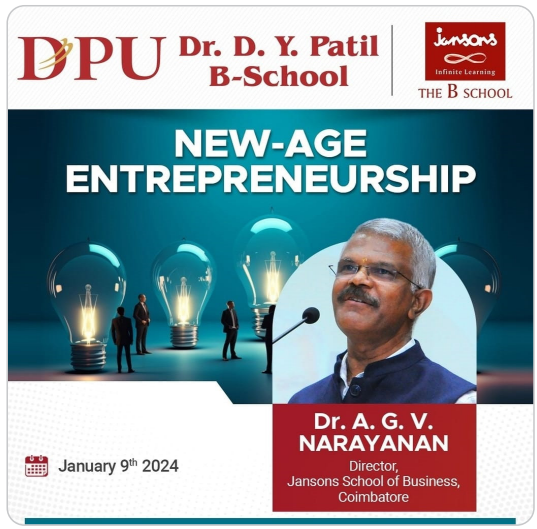


The Fourth Industrial Revolution is still in its nascent state. But with the swift pace of change and disruption to business and society, the time to join in is now. Abiding by the above statement, DR. DY Patil B-School is proud to announce the signing of a landmark MoU with C4i4 Labs – Centre for Industry 4.0 on 8th January, 2024. C4i4 Labs serves as a vital ecosystem for innovation, education, and implementation, guiding manufacturing enterprises on their digital transformation journeys and boasts a vision to be recognized as a world-class center for Industry 4.0 solutions.

C4i4 Labs will provide expertise in developing and updating the curriculum to integrate relevant Industry 4.0 concepts, including artificial intelligence, robotics, and data analytics. This will ensure that graduates possess the necessary knowledge and skills to thrive in the digital manufacturing landscape. Students will gain invaluable exposure to Industry 4.0 through guest lectures by C4i4 Lab experts, industrial visits, and participation in workshops and seminars. This hands-on experience will bridge the theoretical and practical aspects of Industry 4.0, fostering a deeper understanding and practical application.

This collaboration between Dr. D.Y. Patil B-School and C4i4 Labs holds immense potential to transform the manufacturing landscape. By fostering knowledge sharing, practical experience, and entrepreneurial spirit, this partnership will equip future leaders with the tools they need to navigate the exciting and transformative era of Industry 4.0.

NEW AGE ENTREPRENEURSHIP



Entrepreneurship is like living a few years of your life like most people won't, so you can spend the rest of your life like most people can't. Dr. D.Y. Patil B-School in collaboration with Jansons School of Business, Coimbatore conducted an interactive session on new age entrepreneurship on 9th January, 2024 in the institute's seminar hall. Dr. A.G.V. Narayanan, Director of Jansons School of Business, Coimbatore was the chief guest for the occasion.

Dr. Amol Gawande and Dr. Atul Kumar were invited to grace the occasion. The session began with emphasizing the importance of entrepreneurship in our day to day lives and how it is not just merely confined to the realms of business. Entrepreneurship is no more about making money but helping resolve the problems of modern society by making use of latest tech and skills. This not only helps in boosting up our country's economy but also empowers the youth to take on challenges and responsibilities and be their own boss.

The session concluded with an MoU signing between Dr. D.Y. Patil B-School and Jansons School of Business, setting up a stage for fostering future ideas and innovations and nurturing them to reality.

EMPOWERING MINDS THROUGH INNOVATIVE WORKSHOP

In a bid to foster a culture of innovation and cultivate critical thinking skills, Dr. D.Y. Patil B-School hosted a dynamic workshop on Design Thinking and Innovation Design on January 10, 2024. The event, featuring esteemed expert Mr. Avelo Roy, served as a melting pot of ideas for participants from diverse backgrounds, including students, aspiring entrepreneurs, and seasoned professionals.

Attendees were immersed in a transformative experience where they learned to seamlessly blend creativity with analytical thinking to tackle intricate challenges. Mr. Avelo Roy guided participants through the intricacies of design thinking and encouraged them to explore innovative solutions.

The workshop promised to be a gateway to master the art of innovation and highlighted the significance of cultivating a mindset that embraces both creative ideation and strategic problem-solving. As the participants engaged in interactive sessions and hands-on activities, the event proved to be a catalyst for fostering a forward-thinking approach in the realms of academia, entrepreneurship, and the professional world.

GLOBAL PERSPECTIVES UNVEILED

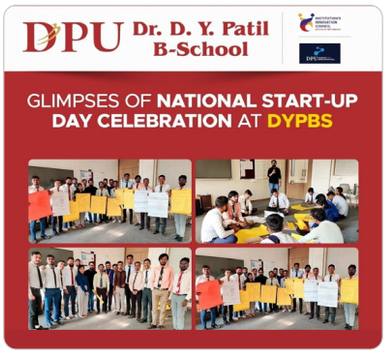
Dr. D.Y. Patil B-School celebrated a harmonious blend of global insights and local expertise in a poster-making competition held on January 10, 2024. The event, organized in collaboration with Boston International College, Nepal as part of the student exchange program, showcased the creative prowess of students.

Under the theme of celebrating cross-cultural exchange, participants brought diverse perspectives to life through their artwork. The competition highlighted the talents from both the institutes and emphasized on providing students with a global educational experience.

The event was a vibrant testament to the rich tapestry of learning where students seamlessly integrate global perspectives into their academic journey. The poster-making competition succeeded in fostering creativity and strengthening the bonds of international collaboration within the academic community.

IGNITING THE ENTREPRENEURIAL SPIRIT

Dr. D. Y. Patil B-School buzzed with amusement on 16th January, 2024 as the institute celebrated National Startup Day in the campus. The Startup and Innovation Cell (S&IC) of DYPBS organized the event to inspire future entrepreneurs and shed some light on the upcoming startup ecosystem.



Mr. Amol Nitave, a distinguished entrepreneur and shared the challenges and triumphs experienced by him. To ignite the spirit of competition and showcase the skills and creativity possessed by the students, the S&IC organized a poster making competition where the students presented their innovative ideas and insights.

The event proved to be more than just a one day event.

CEO and Founder of EvolvingX was invited as the Chief Guest for the event. He addressed the students with an invigorating speech and shared his entrepreneurial journey. He gave valuable insights to the students It served as a catalyst for igniting the entrepreneurial spirit within our budding entrepreneurs and paved a path for taking their journey to cloud nine.

ACHIEVER'S CORNER

MOU SIGNING BETWEEN DYPBS AND EMAA SCHOOL

In a significant stride towards fostering academic collaboration and enhancing educational opportunities, Dr. D.Y. Patil B-School and EMAA School in Agadir, Morocco inked a Memorandum of Understanding (MoU). This partnership marks a pivotal moment in the realm of education, promising mutual benefits and the exchange of knowledge between the two institutions.

The MoU signing ceremony, held amidst an atmosphere of enthusiasm and anticipation, brought together key stakeholders from both organizations.At its core, this MoU is aimed at promoting academic cooperation, faculty exchange programs, joint research initiatives, and student exchange opportunities between DYPBS and EMAA School.Throughthis exchange, students will not only enhance their academic knowledge but also develop a global perspective, essential for success in today's interconnected world.

Furthermore, the collaboration seeks to foster joint research projects and academic initiatives that address contemporary challenges and contribute to the advancement of knowledge in various fields. By pooling their expertise and resources, DYPBS and EMAA School aim to create a conducive environment for innovation and intellectual inquiry, thereby enriching the academic landscape of both institutions.

Dr. SOMNATH PATIL HONORS EXCELLENCE AT NATIONAL EDUCATION CONCLAVE

Dr. Somnath Patil, Secretary of Dr. D. Y. Patil Unitech Society, and a name synonymous with excellence in education was the Chief Guest at the National Education Conclave held on December 20, 2023 at Pune, a testament to his unwavering dedication and innovative contributions to the field of education. His presence added immense value to the event organized by Centre for Education Growth and Research, Delhi.

Dr. Patil's educational methodologies have not only transformed the academic landscape but have also set new benchmarks for quality and inclusivity in education. His achievement at the National Education Conclave serves as a beacon of inspiration for educators and students alike, embodying the spirit of innovation and the relentless pursuit of excellence in the educational sector. His vision and leadership are paving the way for future generations, ensuring that education remains a dynamic and transformative force in society.

DYPBS WINS GOLDEN TICKET FOR MOOD INDIGO

The Drama Club of DR. D.Y. Patil B-School participated in Mood Indigo, Asia's largest college cultural festival. They conquered the Multi-city Mumbai Elimination round and received the golden ticket to the finale. MOOD INDIGO is a melting pot of diverse talents, bringing together students from various educational institutions to showcase their abilities ranging from music, dance, drama, literature to sports and beyond. The event serves as a platform for young individuals to exhibit their creativity, innovation, and passion, fostering a spirit of camaraderie and healthy competition.

For DYPBS, clinching the Golden Ticket at Mood Indigo represents a significant milestone in their journey of excellence. It signifies not only their exceptional talent but also their ability to stand out amidst fierce competition. The Golden Ticket is a symbol of recognition and validation, affirming their capabilities and potential on a grand stage.

Dr. AHMAD TAKES THE GLOBAL STAGE AS OBSERVER AT COP28

In a momentous achievement for Dr. D. Y. Patil B-School, Dr. Mohd. O Ahmad, Professor and an Advocate for Sustainable Development, recently took the global stage as an esteemed observer at the 28th Conference of the Parties (COP28) & YLE Foundation held in Dubai, UAE. His participation underscored the increasing recognition of the critical role that he played along with the institution in shaping international strategies to mitigate climate change.

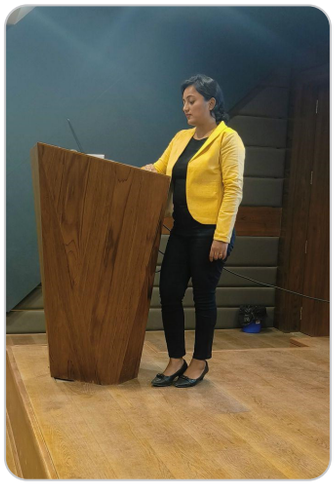
At COP28, Dr. Ahmad contributed his extensive insights on climate resilience and sustainable technologies, emphasizing the urgent need for integrated approaches to combat climate change. Dr. Ahmad's participation highlighted the importance of including diverse voices in climate discussions, particularly from the education community, to foster effective and inclusive solutions for the environmental challenges faced by the world today.

SUCCESSFUL ACQUISITION OF MICROSOFT EXCEL CERTIFICATIONS

Striving towards success and achieving new milestones is the motto taught at Dr. D.Y. Patil B-School. Keeping up on this the students of Batch 2023-2025 of Business Analytics specialization added yet another feather in their cap by earning Microsoft Excel Certifications. Not only they have achieved this feat but they have done it with flair by securing more than 900 marks out of a total of 1000 marks with the topper of the batch hitting a total of 975 marks. Dr. D.Y. Patil B-School congratulates its students for achieving this triumph and adding yet another laurel to the institute.

LIGHTS, CAMERA, INTERACTION!

The advancement in technology is based on making it fit in so that we don't really even notice it and it becomes a part of everyday life. The distinguished personality Mr. Ashish Bhalla, Director HR at HCL Tech, graced the premises of Dr. D.Y. Patil B-School with his wisdom and lively personality. He interacted with the academic leaders



Dr. Atul Kumar and Dr. Sheetal Darekar as well as the students and had an exchange of thoughts and ideas. The vision of inculcating technology with education and carving out the best opportunities for future was the crux of the session as discussed by the esteemed guest. It was an interactive session with the hope of shaping a brighter future.

QUALITY MANAGEMENT CERTIFICATION

Quality is never an accident. It is always the result of high intention, sincere efforts, intelligent direction and skillful execution. Dr. D.Y. Patil B-School is elated to announce yet another remarkable accomplishment as the institute has been bestowed upon with the prestigious Certificate of Compliance by NDAQ International for ISO 9001:2015 Quality Management System. This

achievement encompasses the vision of the institute in delivering exemplary education in Post Graduate Diploma in Management and Post Graduate Diploma in Management (Business Administration) programs. Dr. D.Y. Patil B-School strives to provide the best quality education, holistic development and training to its budding managers, making them ready for the corporate world.

FACULTY'S CORNER

THE GUT-BRAIN CONNECTION : NOURISHING YOUR MIND THROUGH YOUR PLATE

The importance of listening to your Gut, the gut microbiome. For good health, we often focus on physical fitness and mental exercises, but what if a key player in our mental health is right on our plates? The gut-brain connection, a fascinating interplay between the digestive system and the brain, is increasingly recognized as a crucial factor in shaping our mental well-being.

Our gut, is often called as the "second brain," is the home to trillions of microorganisms collectively known as the gut microbiota. Talking about microbiome, we have 100 trillion microorganisms, it is bacteria, fungi, viruses and their genes that naturally live on our bodies and inside us but generally help us digest our food, regulate our immune system, protect against other bacteria that causes disease and produce vitamins including B Vitamins B12, Thiamine and Vitamin K, which is potentially affecting our mental health.

Kiran Singh
Asst. Professor (Marketing)

Chronic inflammation, often triggered by an unhealthy diet, has been linked to mental health disorders like depression and anxiety. Foods with anti-inflammatory properties, such as fatty fish, nuts, and colorful fruits and vegetables, can help mitigate inflammation and support mental well-being.

Probiotics, found in fermented foods like yogurt, kefir, and sauerkraut, green olives, introduce beneficial bacteria to the gut, contributing to a harmonious gut environment. The emerging field of psychobiotics explores the potential of these microorganisms to positively impact brain function and mood.

In practical terms, nurturing the gut-brain connection involves making mindful food choices. Prioritizing whole, nutrient-rich foods, incorporating probiotic-rich needed for blood coagulation.

The link between diet and mental health is profound. The food we consume directly impacts the composition of our gut microbiota. A diet which is rich in fiber are found in fruits, vegetables, and whole grains, promotes the growth of Happy and useful gut bacteria, Promoting a diverse and balanced microbiome. To be specific, a diet high in processed foods and sugars can lead to a hormonal imbalance, options, and minimizing processed foods and sugars can go a long way in supporting mental well-being.

In conclusion, the saying "you are what you eat" takes on new significance when we consider the intricate relationship between our gut and brain. By recognizing the profound impact of our diet on our mental health, we empower ourselves to make informed food choices that not only nourish our bodies but also help in the aging process.

ALUMNUS CORNER

MAPPING COMPETENCIES: FOR A BETTER FUTURE FOR GEN Z - BY GARIMA JOSHI

Garima Joshi

"The danger sensation is exciting. The challenge is to find new dangers and overcome them with ease."

The world relies on talented individuals to streamline daily growth, development, working habits, operate, promote a positive culture, and advance long-term goals. Because it can be challenging to quantify "talent," many educational institutes, companies, organizations rely on competency mapping to define essential skills for a deserving candidate to acquire their desired dreams.

Competency Mapping is a process of identifying skills, abilities, knowledge,andpersonal attribute of an individual and the challenges and opportunities within it. It is similar like doing a SWOT analysis of an individual that will help him identify his / her own strengths, weakness, opportunity available based on his strengths and threats by mapping the requirement with his / her own attributes thus identifying the skill gaps. Armed with the identified competencies his/her career prospects will improve as he/she will have increased self-awareness and confidence.

Think of it this way:

→ Knowledge is the expertise a student's needs for the role they desire.

→ Skills are what enables a student to do or accomplish the responsibilities of the role.

→ Personal attributes are how a student will successfully approach or respond to any given situation.

This might include characteristics such as attitude, business acumen, sense of ambition, empathy, leadership, or other traits.Of course, some things are harder to measure than others and some characteristics can never be improved through learning and development. But the more opportunity you provide for growth and improvement, the more you open doors for students to step up to their fullest potential. These criteria lay clear what competencies a role requires, which can guide both L&D and succession planning.

There is no greater asset to any organization than its human capital, and organizations who know how to make the best use of their workforce's, students' skills, knowledge and attributes have the strongest chances for success in the marketplace. But to capitalize on your human capital's strengths, you have to know what they are — and how they fit into a particular role, their department and the organization as a whole.

The major importance of competency mapping in a student's life :

- Self-awareness and Personal Development
- Career Planning
- Effective Learning Strategies
- Employability Enhancement
- Goal Setting and Achievement
- Performance Evaluation
- Effective Communication
- Adaptability and Resilience
- Enhanced Employability Skills
- Lifelong Learning

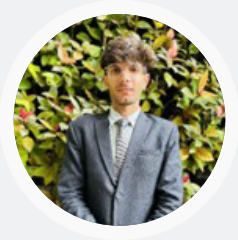
Competency mapping, when integrated into the educational system, empowers students to make informed decisions, develop a strong foundation for their careers, and contribute meaningfully to their personal and professional growth.

"Knowing others is intelligence, knowing yourself is true wisdom,

Mastering others is strength, mastering yourself is true power!!! "

STUDENT'S CORNER

THE GREY AREAS OF TRUTH



RAHUL BURDACK

Scouring where the fault lies,

Flipping coins, both sides with equal values.

Listening to one, agreeing with both.

Is it wrong? Or is the perception of wrongness flawed?

Indeed, truth has multiple facets.

My truth might bring joy, yet for another, it could be misery.

One could never truly know what's right or wrong.

It's all terribly confusing.

However, adopting perspectives from all directions brings clarity.

Understanding and empathy is the key. Searching through perspectives, we uncover layers of truth.

As someone wisely said, 'The world is neither white nor black; it's really grey inside.'

SYNCHRONIZED SERENITY: THE BEAUTY OF SWIMMING IN TANDEM

Anjali Gupta

In the realm of aquatic elegance, synchronized swimming stands out as a captivating display of grace, precision, and harmony. Often overlooked amidst the more mainstream sports, synchronized swimming is a mesmerizing art form that transcends the boundaries of traditional athleticism. Its allure lies not only in the technical skill of the swimmers but also in the seamless coordination and synchronization that define the sport.

The beauty of synchronized swimming is magnified when performed in tandem. The synchronized duets or team routines showcase a unique blend of athleticism and artistry. Each movement is a delicate choreography, an intricate dance that demands a profound connection between swimmers. Through perfectly timed spins, twists, and lifts, the athletes create a fluid symphony in the water.

Beyond the surface, synchronized swimming fosters teamwork and camaraderie. Swimmers must develop an intuitive understanding of each other's movements, relying on non-verbal communication to achieve flawless synchronization. This collaborative spirit extends beyond the pool, forging bonds that go beyond the constraints of sport.

The sport's aesthetic appeal is heightened by the music that accompanies the routines, enhancing the overall sensory experience. Synchronized swimming becomes a visual and auditory spectacle, captivating audiences with its rhythmic precision and artistic expression.

In a world often dominated by speed and strength, synchronized swimming offers a different perspective—a celebration of finesse, unity, and the poetic beauty of human movement. As the swimmers' glide through the water in perfect harmony, they not only demonstrate athletic prowess but also embody the synchronized serenity that makes this lesser-known sport a hidden gem in the aquatic realm.

RIDING THE WAVE: THE UNPRECEDENTED BOOM OF IT COMPANIES

Vishwapratap Jha

In the digital age, the heartbeat of technological progress resonates through the flourishing landscape of Information Technology (IT) companies. The last few decades have witnessed an unprecedented boom in this sector, with companies evolving from humble beginnings to global giants, shaping the way we live, work, and communicate.

The surge in demand for IT services is driven by the insatiable appetite for innovation and efficiency across industries. From startups to established enterprises, businesses increasingly rely on IT solutions for streamlined operations, data management, and digital transformation. This surge has propelled IT companies into the forefront of economic growth, creating a dynamic and competitive market.

The proliferation of cloud computing, artificial intelligence, and cybersecurity has fueled the expansion of IT companies. Cloud-based services offer scalable and cost-effective solutions, while AI is transforming industries through automation and data-driven insights. Simultaneously, the rising concerns about cyber threats have elevated the importance of robust cybersecurity measures, giving rise to specialized IT firms dedicated to safeguarding digital assets.

The boom in IT has not only redefined business landscapes but also spurred job creation and economic development. The sector's rapid growth has led to a demand for skilled professionals, creating a dynamic job market for tech-savvy individuals. Universities and educational institutions are adapting to this trend, offering specialized courses to meet the evolving needs of the IT industry.

As IT companies continue to innovate and shape the future, the boom shows no signs of slowing down. The fusion of technology with everyday life is now an indelible reality, and the pulsating energy of IT companies is driving the world into a future where the possibilities seem limitless. The boom of IT companies is not merely a trend; it is a transformative force reshaping the way we navigate the complexities of the modern world.

A SYMPHONY OF SELF-DISCOVERY

BAISHALI DUTTA

In the quiet expanse of solitude, there exists a world often misunderstood, a world where being alone doesn't equate to being lonely. It's a realm where personal space becomes a sacred refuge, a space where the echoes of one's own thoughts create a symphony of self-discovery. Living alone is not merely a circumstance, it's a journey of healing. In the solitude of a personal sanctuary, you can mend the fragments of your soul. The stillness provides a canvas for personal growth, a space to nurture the seeds of resilience and self-awareness. Alone, but not lost, you find solace in the simplicity of your own company.

Loneliness is not a cloak of negativity. Instead, it is a guiding light that illuminates the path to positive introspection. In the absence of external distractions, one unearths the treasures within, the hidden passions, untapped creativity, and the resilience to face your deepest fears. Amidst the silence, one discovers the beauty of authenticity. Living alone grants the freedom to be unapologetically yourself, without the need for pretense or facades. There's a joy in embracing your true essence, with no judgmental eyes to criticize. It's a canvas where one paints their truth, unfiltered and untamed.

Peace becomes a constant companion in the solitary abode. The absence of external chaos allows you to bask in the tranquility of your own thoughts. It's in this serenity that you learn to dance with your vulnerabilities and make peace with your insecurities. Creating a sanctuary for oneself is an art, it is a process of curating a space that resonates with your essence. In the tapestry of your solitude, every element reflects a part of you. Your favourite books, the soothing hues of your walls, and the comforting warmth of a solitary cup of chai (tea), every component adds to the masterpiece that is your own small world. And in this self-fashioned abode, you learn to truly live alone, to relish the companionship of your thoughts, dreams, and aspirations. There's an unmatched joy in waking up to a world where your authenticity is the only currency.

As the journey of living alone unfolds, you realize that it's not a solitary march but a celebration of self. You embrace solitude, not as a void, but as a canvas waiting for the strokes of your emotions. The narrative of living alone transcends the confines of societal expectations; it's a saga of self-love and acceptance, loneliness transforms into a gentle companion, guiding you towards self-realization. And as you navigate, you discover the harmonies that reside within, creating a melody that sings the song of contentment.

The thought of living alone should not be feared but rather welcomed as a chance to create our own unique work of art. On the blank canvas of solitude, discover the colors of happiness, the brushstrokes of resilience, and the beauty of your own company. For it is in the quiet that you discover the profound understanding that being alone does not equate to loneliness but rather to being beautifully, unapologetically, and authentically you.

“BALAK RAM” IN AYODHYA

VAIBHAV PANCHAL

The Ram Mandir in Ayodhya stands not only as a symbol of religious significance but also as a testament to the resilience of India's cultural fabric. For generations, the site has been a focal point of contention, echoing with the hopes and aspirations of millions. The construction of the Ram Mandir in 2020 marked a pivotal moment in India's history, ushering in a sense of unity and harmony.

The impact of the Ram Mandir extends beyond its architectural grandeur; it weaves a narrative of shared heritage, transcending religious boundaries. Pilgrims and visitors alike find solace in the serene surroundings, where devotion intertwines with a profound sense of belonging. This spiritual haven fosters a deeper connection among people, fostering a spirit of tolerance and understanding.

In the broader socio-political landscape, the construction has had a unifying effect, inspiring conversations on cultural pluralism and shared history. The Ram Mandir exemplifies the power of collective determination, reflecting the innate human desire for peace and coexistence. As the temple's presence graces Ayodhya, it serves as a reminder of India's ability to overcome differences and build a future grounded in respect for diverse traditions.

RESILIENCE

SANA FAIZ

In today's changing world, resilience—the capacity to overcome hardship and emerge stronger from life's setbacks—serves as a source of strength and inspiration. It is a collection of abilities and mindsets that can be developed over time rather than a fixed characteristic. People who are resilient see obstacles as chances for personal development, have an optimistic outlook, and adjust to change gracefully. Resilience is becoming an essential trait in an unpredictable world. It enables people to face challenges head-on and overcome adversity—not in spite of it, but precisely because of it.

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